## UNITED STATES DISTRICT COURT NORTHERN DISTRICT OF ILLINOIS EASTERN DIVISION

DR. JAY JOSHI and NATIONAL PAIN CENTERS, LLC,

Plaintiffs,

v.

AMERICAN DRUG STORES, INC. d/b/a OSCO DRUG and DOES 1-10,

Defendants.

Case No. 1:18-cv-03490

## **DECLARATION OF JAY JOSHI**

Honorable Judge Manish S. Shah

Hon. Magistrate Judge Sheila Finnegan

- I, Dr. Jay Joshi, hereby attest as follows:
- 1. I am one of the Plaintiffs in this case and if called to testify in this matter, I could competently attest to the facts set forth in this Declaration.
  - 2. I am the Managing Member of Plaintiff National Pain Centers, LLC.
- 3. It is my policy in my medical practice that I will not renew my patients' prescription medications without an office visit from the patient.
- 4. It is also my policy in my medical practice not to approve refills of prescription medications based upon fax requests from pharmacies.
- 5. I communicate to all of my patients that they need to contact my office if they desire a renewal of an expired prescription.
- 6. I also communicate to all of my patients that I will not approve renewals or refills of prescription medications based upon fax requests from pharmacies.
- 7. I adopted these policies for a number of medical, safety, and legal reasons which include, but are not limited to, the following:

- a. It is my desire to reassess my patients for possible side effects before prescribing or renewing any medications, and to discuss possible nonmedication options with them.
- b. Pharmacies sometimes change the medication suggested in the fax request from the name-brand medication I originally prescribed to an unacceptable generic substitute or change generic manufacturers randomly every month.
- c. Refilling controlled substances, especially opioid medications, without seeing the patient in an office visit is not what I believe to be the proper standard of care and could be construed as illegal distribution of a controlled substance.
- 8. Pharmacies dispense prescription medications for profit. A sale of prescription medication cannot be made to one of my patients without my written approval. It is therefore my belief that faxes such as the one attached as Exhibit A to my First Amended Complaint are advertising the commercial availability or quality of property, goods, and/or services.
- 9. If I, or any other doctor, completes the form on a pharmacy's fax request and sends it back to them, that will facilitate the sale of the medication from the pharmacy to the patient.
- 10. I have notified Defendant American Drug Stores, Inc. d/b/a Osco Drug ("Osco") by phone many times over the last several years to stop sending fax prescription refill requests to my office, but Osco continued to send the faxes regardless.
- 11. National Pain Centers, LLC and I have received prescription refill request faxes from Osco, requesting my consent to refill prescriptions for patients who did not request the refills from Osco.

- 12. Receipt of prescription refill request faxes from Osco and other pharmacies causes a significant waste of both staff and physician time and resources within our offices.
- 13. I declare under penalty of perjury and pursuant to 28 U.S.C. § 1746 that the foregoing is true and correct.

Executed on July 30, 2018.

